



How to work through projects  
in Toastmasters' Pathways  
Education Program  
using the Evaluation and Feedback Project  
as an example

**Phyllis Kombol, DTM**

May 19, 2020

# Log in to toastmasters.org

toastmasters.org

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**TOASTMASTERS INTERNATIONAL** WHERE LEADERS ARE MADE **FIND A CLUB**

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### Log In

Member ID/Email\*

Phyllis.kombol@gmail.com

Password\*

.....

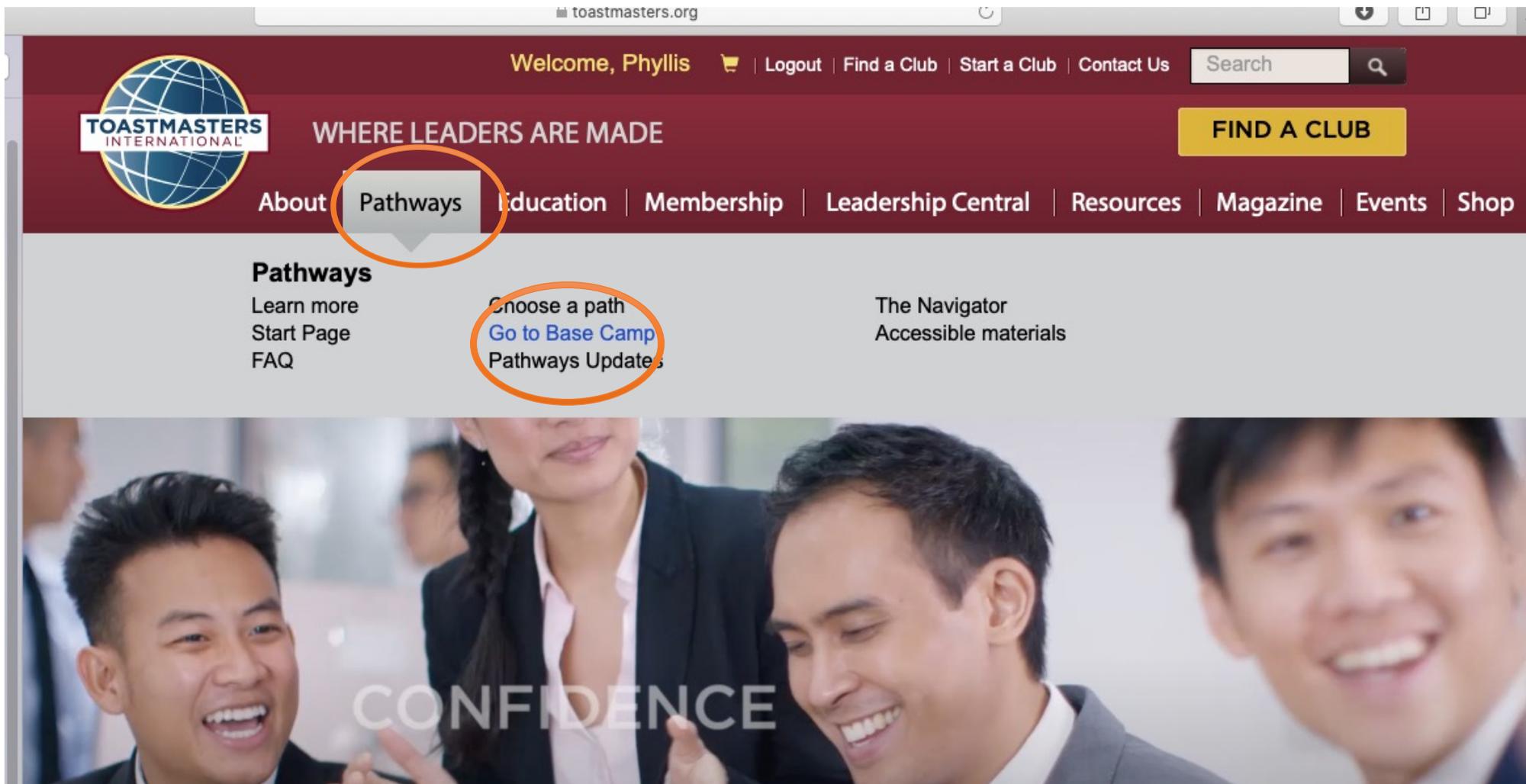
**Log In**

[Forgot password?](#)

Toastmasters members logging in for the first time please use "Forgot password?"

Don't have an account? [Join a club](#)

From the Pathways tab, select “Go to Base Camp”



Assuming you have already chosen a Path...

# From the center tile, choose Go to Base Camp

The screenshot shows the Toastmasters International website interface. At the top, there is a dark red navigation bar with the Toastmasters International logo on the left, a welcome message "Welcome, Phyllis" with a shopping cart icon, and links for "Logout", "Find a Club", "Start a Club", and "Contact Us". A search bar is located on the right side of the navigation bar. Below the navigation bar, there is a horizontal menu with links for "About", "Pathways", "Education", "Membership", "Leadership Central", "Resources", "Magazine", "Events", and "Shop".

## PATHWAYS LEARNING EXPERIENCE

Welcome to Pathways! You'll be challenged and inspired to reach new heights both personally and professionally.

### Choose Your Path (\$20 USD)

What are your goals and how will you achieve them? Take the Pathways Assessment to identify the path that best aligns with your interests and objectives. Club officers: you can order a path for yourself or a path in printed materials for your members.

Choose a path for another member

[Continue to Path Selection](#)

### Access my path through Base Camp

Access your path here through Base Camp, your online gateway to Pathways. Base Camp tracks your progress and lets you connect online with other members of your club.

Select your club:  
McDowell NC Toastmasters

[Go to Base Camp](#)

[Log in as Base Camp Manager](#)

### The Navigator

View *The Navigator* to guide you through each step of your journey. Refer to it to support your progress and to answer your questions along the way.

Select Language:  
English

[Launch The Navigator](#)

FAQ | Privacy Policy | Conditions of Use | Browser Compatibility | Copyright | Site Map

Use EITHER the blue EDUCATION TRANSCRIPT tile OR the red My Education Transcript to access your curriculum

toastmasters.csod.com

NAVIGATING BASE CAMP

EDUCATION TRANSCRIPT ACCESS MY PATH

MY FEEDBACK

MY BADGES

SPEECH EVALUATIONS

**WELCOME TO BASE CAMP**

Base Camp is your gateway to the Toastmasters Pathways learning experience. Base Camp is where you access your educational materials, your education transcript, interactive projects and other useful tips, tools and resources. If you are new to Base Camp, select the blue Navigating Base Camp tile to learn more.

**My Education Transcript**

	Action
Effective Coaching	Open Curriculum
Motivational Strategies	Open Curriculum
Pathways Guide Tasks	Open Curriculum
Pathways Mentor Program	Open Curriculum
Distinguished Toastmaster	Launch

**Suggested Education**

No suggested training

[Return to Toastmasters Pathways Start Page](#)

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Click on the **red button “Open Curriculum”**  
(You probably have just one Path listed...)

The screenshot shows the PATHWAYS learning experience interface. The user is logged in as Phyllis Kombol. The main navigation bar includes Home, Tutorials and Resources, and Check Compatibility. The user's profile menu shows Base Camp Profile, Feedback, Transcript (selected), and E-portfolio. The page title is "Education Transcript".

Instructions on the page include:

- Access your path and track your progress here.
- Select the Open Curriculum button to access the projects on your path. **View the Work in My Projects Overview tutorial** to learn how to open and navigate projects.
- Use the Active dropdown menu below to access completed or archived items.
- To archive items, select the arrow adjacent to the Launch button, choose View Training Details and select Move to Archived Transcript in the upper right corner.
- Internet speeds vary** depending on your internet service provider and the country you live in. **Some projects on Base Camp may take longer to load than others.**
- Before launching projects in your transcript, **ensure that your pop-up blocker is turned off.**

The search results section shows two items:

- Effective Coaching** (Due: No Due Date, Status: In Progress) with an **Open Curriculum** button circled in red.
- Motivational Strategies** (Due: No Due Date, Status: In Progress) with an **Open Curriculum** button.

**Caution:** if you click on the words of the Path Title, it will take you to training details...come "Back" here to access the learning material from "Open Curriculum"

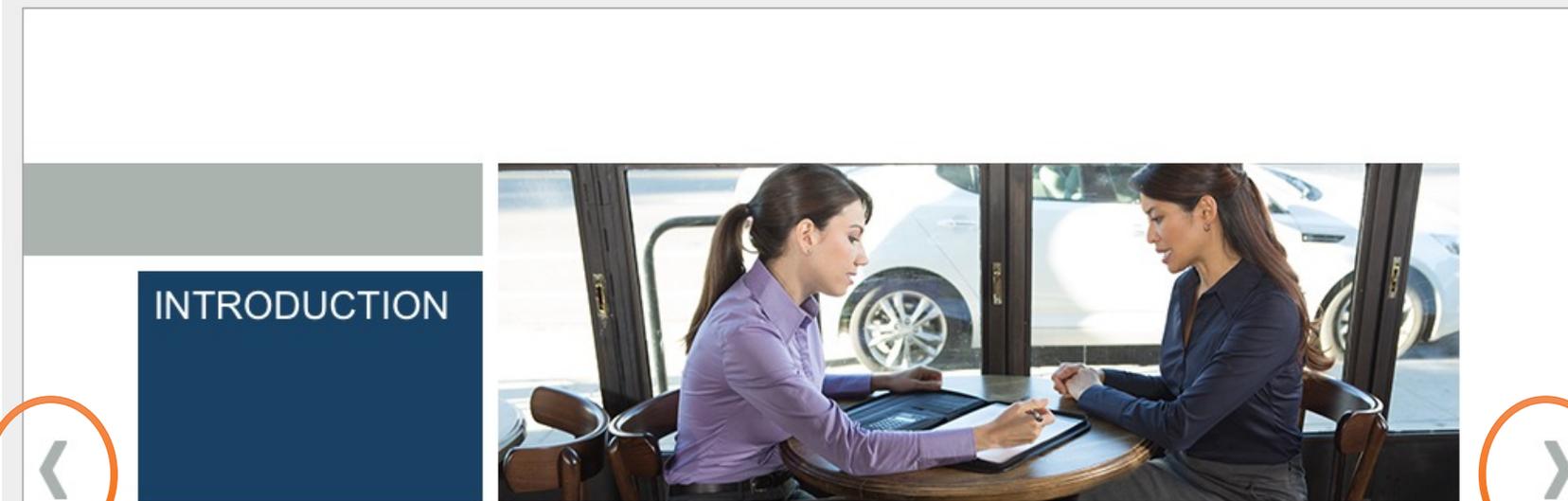
For each Project, you will use the **red buttons** to first “**Activate**”, then “**Launch**” the project.

The screenshot displays the Toastmasters Pathways website interface. At the top, the navigation bar includes 'Home', 'Tutorials and Resources', and 'Check Compatibility'. The main content area shows a breadcrumb trail: 'Phyllis Kombol > Education Transcript > Effective Coaching'. A circular progress indicator on the left shows '5%' completion for 'CURRICULUM PROGRESS'. Below this, a sidebar lists levels from 'LEVEL 1' to 'LEVEL 5', with 'LEVEL 1' selected. The main content area is titled 'Effective Coaching' and features a progress bar for 'Level 1' at '25%' completion, with 'Completed: 1', 'Min Required: 4', and 'Total Items: 4'. Four project cards are listed: 'Ice Breaker' (Status: Completed, Due: No Due Date) with a 'Launch' button; 'Evaluation and Feedback' (Status: In Progress, Due: No Due Date) with a 'Launch' button circled in orange; 'Researching and Presenting' (Status: Not Activated, Due: No Due Date) with an 'Activate' button; and 'Level 1 Completion—Effective Coaching' (Status: Pending Prior Training, Due: No Due Date) with a description of the completion process.

# The early projects in a Path begin with this Navigation slide

The screenshot shows a web browser window with the URL toastmasters.csod.com. The page title is "Realize Your Potential: Toastmasters Pathways Base Camp" and the breadcrumb is "Toastmasters Pathways >> Evaluation and Feedback". The main content area is titled "NAVIGATION" and contains a dark red banner with the text "Review this screen to learn how to navigate each project." Below this is a section titled "YOUR EVALUATION" featuring a background image of a man in a maroon shirt. Navigation controls include a left arrow, a right arrow, and a central "BACK" and "NEXT" button set. A "Directions" tab is visible at the bottom right. Callout boxes provide instructions: "Return to the previous page of the project." points to the left arrow; "Advance to the next page in the project." points to the right arrow; "Some screens have additional buttons and navigation that will be explained in the Directions tab." points to the BACK/NEXT buttons; and "Select this tab to get additional guidance or relevant information." points to the Directions tab. The footer includes the Toastmasters International logo with the tagline "WHERE LEADERS ARE MADE", a dropdown menu labeled "Select to move to another section:", and the page title "Effective Coaching 1: Evaluation and Feedback".

Use the gray arrows to the right and left side of the slides to move through the material



INTRODUCTION

The benefit of any effective evaluation is in the way it is applied. It can be challenging to accept negative—or positive—feedback. As a Toastmaster, evaluating others, being open to evaluations yourself, and applying feedback to enhance your abilities as a public speaker and leader are crucial skills to develop.



WHERE LEADERS ARE MADE

Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

# From this “Directions” reminder, you can see...

## YOUR ASSIGNMENT



For all assignment details and requirements, review the **Project Checklist**.

 [Project Checklist](#)

**Purpose:** The purpose of this project is to present a speech on any topic, receive feedback, and apply the feedback to a second speech.

**Overview:** Choose any topic for your first 5- to 7-minute speech. After your speech, carefully review your feedback. At a future club meeting, present a 5- to 7-minute speech in which you incorporate feedback from your first speech. You may choose to present the same speech again or a new speech. Your second speech should reflect some or all of the feedback from your first speech. Finally, after you have completed both speeches, serve as an evaluator at a club meeting.

**Directions** ▼

## PRINTING YOUR PROJECT

You may download and print a PDF version of this project. For instructions, use the resource below.

 [View Printing a Project and Resources](#)



Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

...a pop-up that gives you a step-by-step guide for printing your project.

The screenshot shows a dark grey background with a white pop-up window. The pop-up window has a header with the Toastmasters International logo on the left and the text "BASE CAMP Tutorial Quick Reference Guide" on the right. Below the header is a dark red horizontal bar with the text "Printing a Project and Resources" in white. The main content area of the pop-up is white and contains the text "You can print any of the projects in your path. To print a project, open the project...". To the right of this text is a smaller, light grey preview window showing a page titled "YOU AND YOUR GOALS". This preview window contains text about a Pathways Assessment and an "Ice Breaker" speech, along with two links: "View Ice Breaker Speech Outline Worksheet" and "Download Ice Breaker Speech Outline Worksheet". At the bottom of the pop-up window, there is a footer with the Toastmasters International logo, the text "WHERE LEADERS ARE MADE", a dropdown menu labeled "Select to move to another section:", and the text "Effective Coaching 1: Evaluation and Feedback".

**TOASTMASTERS INTERNATIONAL**

## BASE CAMP Tutorial Quick Reference Guide

### Printing a Project and Resources

You can print any of the projects in your path. To print a project, open the project...

**YOU AND YOUR GOALS**

When you took your Pathways Assessment, you were asked to identify your basic public speaking and leadership goals—the reason you came to Toastmasters and what you hoped to gain. It may be helpful to think back to that experience and share some of those goals in your “Ice Breaker” speech.

You may also use this Ice Breaker Speech Outline Worksheet to help you collect and develop your thoughts. A clear, thorough outline will assist you in crafting your speech and sharing your communication and leadership goals with the audience within the allotted time.

[View Ice Breaker Speech Outline Worksheet](#)

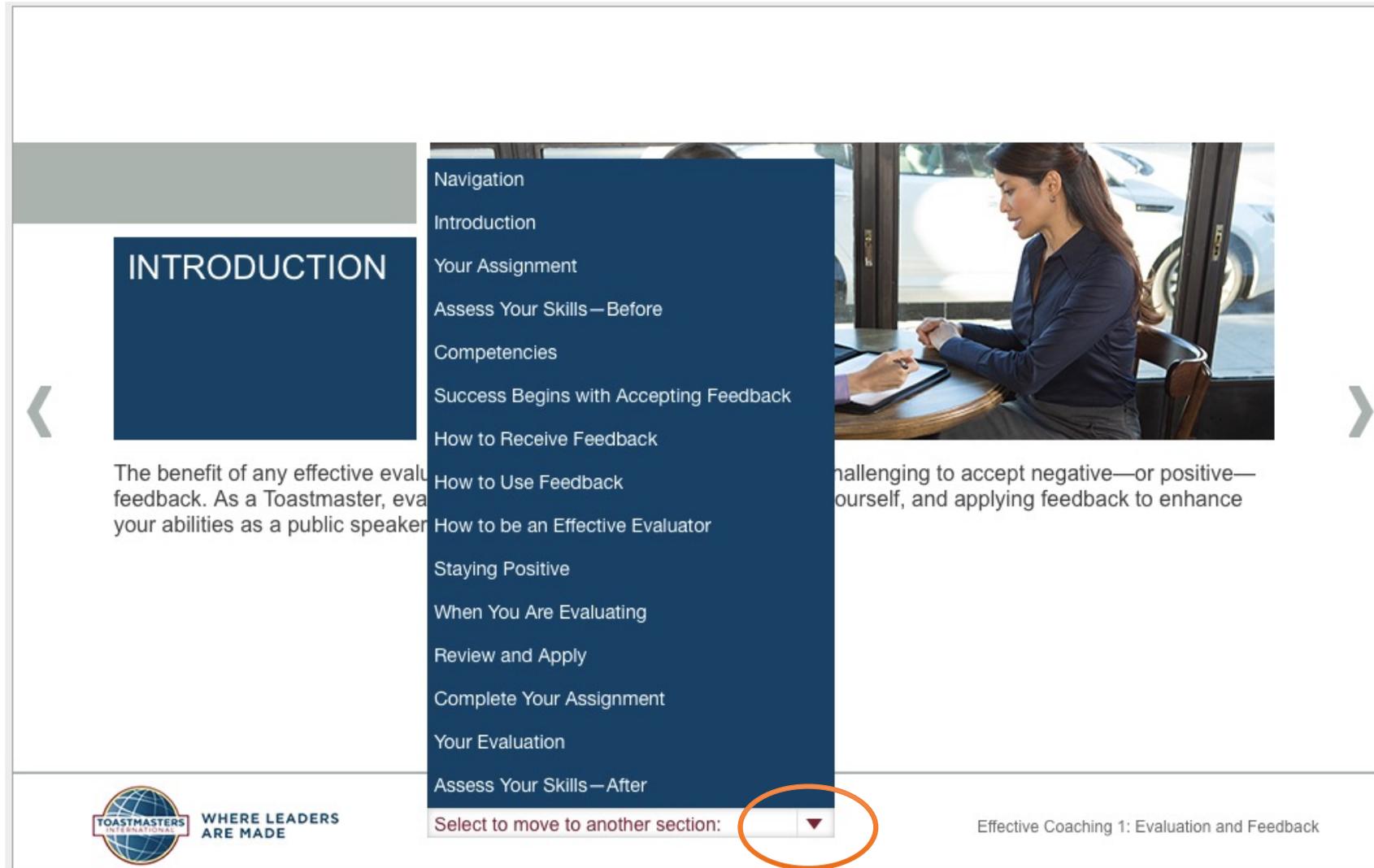
[Download Ice Breaker Speech Outline Worksheet](#)

**TOASTMASTERS INTERNATIONAL** WHERE LEADERS ARE MADE

Select to move to another section: ▼

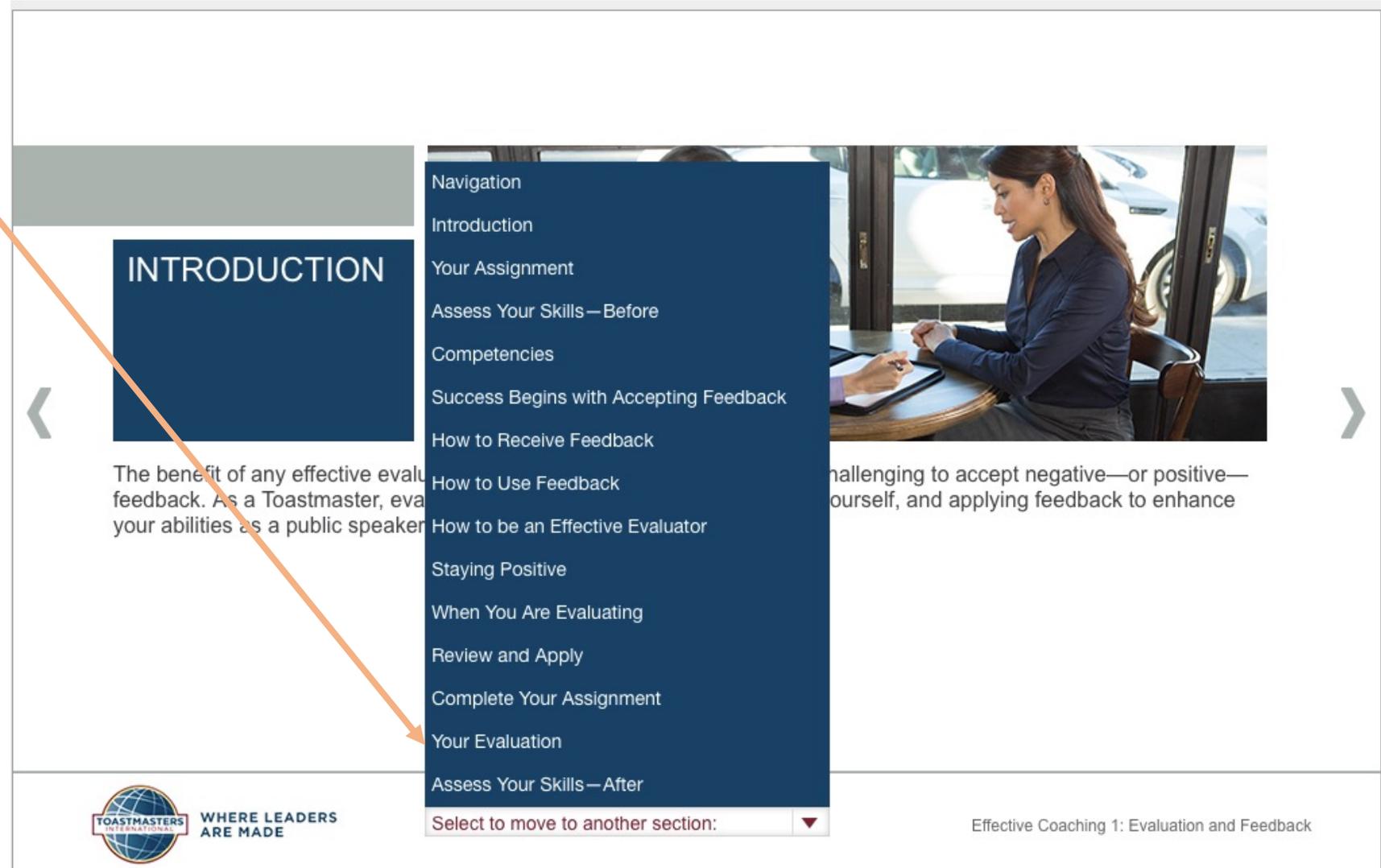
Effective Coaching 1: Evaluation and Feedback

The red arrow at the bottom is your access to the “Table of Contents” of the project



The screenshot shows a project page with a navigation menu. The menu items are: Navigation, Introduction, Your Assignment, Assess Your Skills—Before, Competencies, Success Begins with Accepting Feedback, How to Receive Feedback, How to Use Feedback, How to be an Effective Evaluator, Staying Positive, When You Are Evaluating, Review and Apply, Complete Your Assignment, Your Evaluation, and Assess Your Skills—After. A red arrow points to a dropdown menu at the bottom of the page, which is currently set to "Select to move to another section:". The dropdown menu is highlighted with a red circle. The page also features a "TOASTMASTERS INTERNATIONAL WHERE LEADERS ARE MADE" logo on the left and the text "Effective Coaching 1: Evaluation and Feedback" on the right.

# The “Your Evaluation” is where you can print the entire project (or just the evaluation resources)



The screenshot shows a presentation slide with a dark blue navigation menu overlaid on the right side. The slide title is "INTRODUCTION". The navigation menu lists the following sections: Navigation, Introduction, Your Assignment, Assess Your Skills—Before, Competencies, Success Begins with Accepting Feedback, How to Receive Feedback, How to Use Feedback, How to be an Effective Evaluator, Staying Positive, When You Are Evaluating, Review and Apply, Complete Your Assignment, Your Evaluation, and Assess Your Skills—After. An orange arrow points from the text above to the "Your Evaluation" option in the menu. The slide content includes a paragraph about the benefit of effective evaluation and a photo of a woman sitting at a table. The Toastmasters International logo and slogan "WHERE LEADERS ARE MADE" are at the bottom left, and the text "Effective Coaching 1: Evaluation and Feedback" is at the bottom right.

**INTRODUCTION**

The benefit of any effective evaluation is the feedback. As a Toastmaster, evaluate your abilities as a public speaker.

challenging to accept negative—or positive—feedback of yourself, and applying feedback to enhance

**Navigation**

- Navigation
- Introduction
- Your Assignment
- Assess Your Skills—Before
- Competencies
- Success Begins with Accepting Feedback
- How to Receive Feedback
- How to Use Feedback
- How to be an Effective Evaluator
- Staying Positive
- When You Are Evaluating
- Review and Apply
- Complete Your Assignment
- Your Evaluation
- Assess Your Skills—After

Select to move to another section: ▼

**TOASTMASTERS INTERNATIONAL** WHERE LEADERS ARE MADE

Effective Coaching 1: Evaluation and Feedback

# This also offers you a **Project Checklist**

## YOUR ASSIGNMENT



For all assignment details and requirements, review the **Project Checklist**.

[Project Checklist](#)

**Purpose:** The purpose of this project is to present a speech on any topic, receive feedback, and apply the feedback to a second speech.

**Overview:** Choose any topic for your first 5- to 7-minute speech. After your speech, carefully review your feedback. At a future club meeting, present a 5- to 7-minute speech in which you incorporate feedback from your first speech. You may choose to present the same speech again or a new speech. Your second speech should reflect some or all of the feedback from your first speech. Finally, after you have completed both speeches, serve as an evaluator at a club meeting and deliver constructive feedback about another member's presentation.

Directions ▲

# The Project Checklist gives you an overview of the various parts that are involved

This project includes 3 parts:

- A 5-7 minute First speech, where you get some feedback
- Second speech, where you apply the feedback received
- You serve as an evaluator of someone else's speech

## PROJECT CHECKLIST

Evaluation and Feedback

**Purpose:** The purpose of this project is to present a speech on any topic, receive feedback, and apply the feedback to a second speech.

**Overview:** Choose any topic for your first 5- to 7-minute speech. After your speech, carefully review your feedback. At a future club meeting, present a 5- to 7-minute speech in which you incorporate feedback from your first speech. You may choose to present the same speech again or a new speech. Your second speech should reflect some or all of the feedback from your first speech. Finally, after you have completed both speeches, serve as an evaluator at a club meeting and deliver constructive feedback about another member's presentation.

**This project includes:**

- A 5- to 7-minute speech
- Incorporating feedback from your first speech into a second 5- to 7-minute speech
- Serving as a speech evaluator

Below are tasks you will need to complete for this project. Please remember, your project is unique to you. You may alter the following list to incorporate any other tasks necessary for your project.

Schedule your speech with the vice president education.

\_\_\_\_\_

\_\_\_\_\_

Write your first speech for this project.

\_\_\_\_\_

\_\_\_\_\_

Rehearse your speech.

\_\_\_\_\_

\_\_\_\_\_

Present your first speech.

\_\_\_\_\_

\_\_\_\_\_

Page 1 of 2 

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## PROJECT CHECKLIST - Evaluation and Feedback

Schedule your second speech with the vice president education. Remember, the evaluator of your first speech must evaluate your second speech. If the same evaluator is unavailable, share his or her feedback with a second evaluator.

\_\_\_\_\_

\_\_\_\_\_

Each projects asks you to assess your skills Before you do the project– select the number that best represents your response

ASSESS YOUR SKILLS—BEFORE

I deliver tactful and constructive feedback.

1 2 3 4 5

● ○ ○ ○ ○ ○ ○ ○

BACK NEXT

TOASTMASTERS INTERNATIONAL WHERE LEADERS ARE MADE

Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

Notice that there are 7 dots. You will use the **red Next** button to move through each before using the **grey arrow** to move on.

ASSESS YOUR SKILLS—BEFORE

I deliver tactful and constructive feedback.

1 2 3 4 5

● ○ ○ ○ ○ ○ ○ ○

BACK NEXT

TOASTMASTERS WHERE LEADERS ARE MADE

Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

The screenshot shows a progress indicator with seven dots. The first dot is filled, and the remaining six are empty. An orange oval highlights this row of dots. Below the dots are two buttons: a grey 'BACK' button and a red 'NEXT' button. The interface is titled 'ASSESS YOUR SKILLS—BEFORE' and displays the statement 'I deliver tactful and constructive feedback.' with a progress bar above it. At the bottom, there is a Toastmasters logo, a dropdown menu, and the page title 'Effective Coaching 1: Evaluation and Feedback'.

Notice that once you have responded to each of the 7 questions, the **Next** button is gray...time to use the **gray arrow** to move on.

ASSESS YOUR SKILLS—BEFORE

I recognize how this project applies to my life outside of Toastmasters.

◀ 1 2 3 4 5 ▶

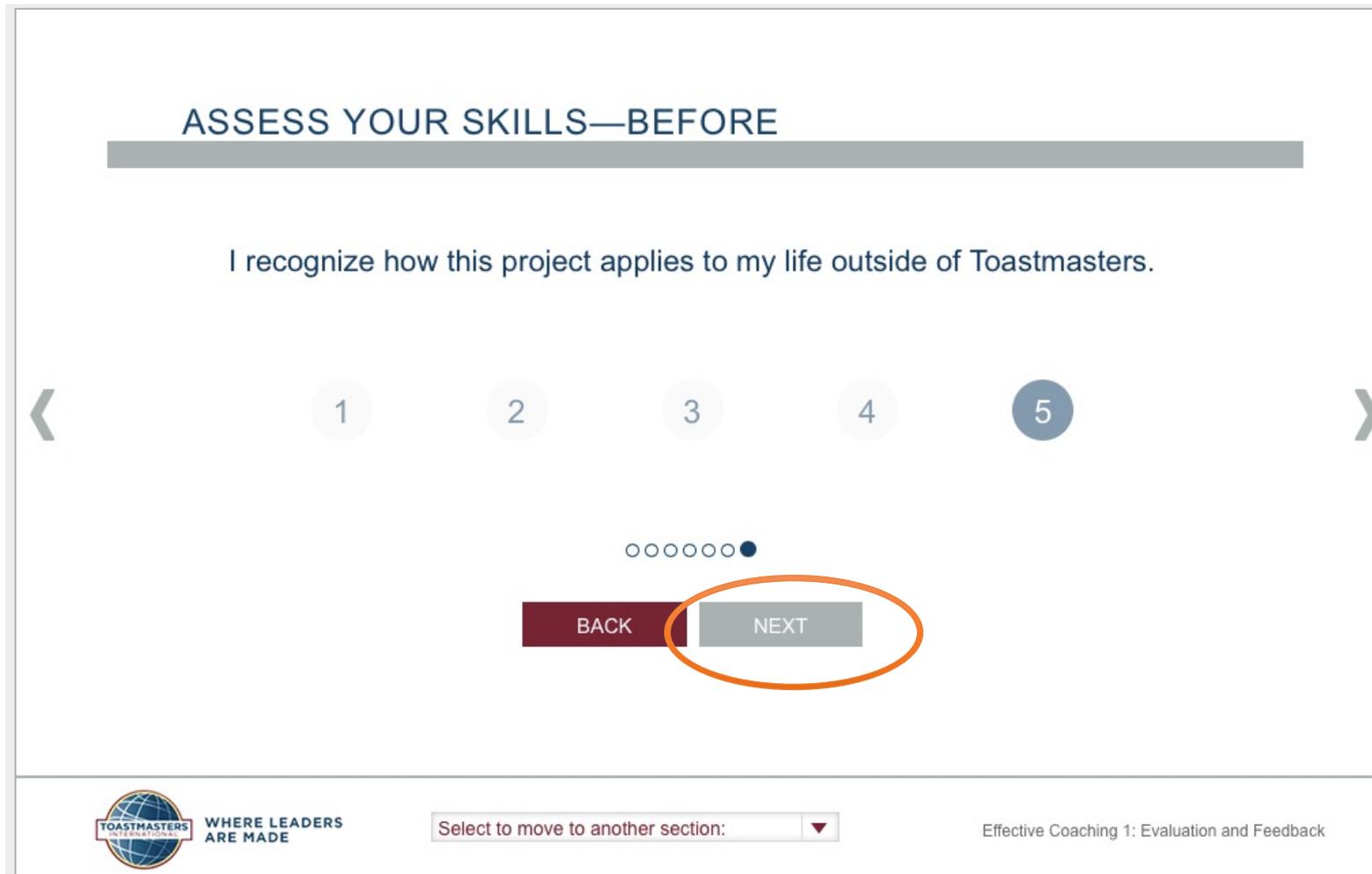
○○○○○●

BACK NEXT

TOASTMASTERS WHERE LEADERS ARE MADE

Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback



Some slides will have this “More” button to let you know there is additional information to see on this slide before you move forward

The screenshot shows a presentation slide with the following elements:

- Title:** HOW TO RECEIVE FEEDBACK
- Main Text:** Accepting feedback can be challenging. Be aware of your responses during your evaluation at the club meeting.
- Bulleted List:** Listen carefully to the evaluator.
- More Button:** A dark red button labeled "MORE" is circled in orange.
- Navigation:** Left and right arrow icons are positioned on the sides of the slide content.
- Footer:** Includes the Toastmasters International logo with the tagline "WHERE LEADERS ARE MADE", a dropdown menu labeled "Select to move to another section:", a "Directions" button with an upward arrow, and the text "Effective Coaching 1: Evaluation and Feedback".

Watch for the dots under the picture to let you know where there is additional information in a slide like this – 5 dots means 5 additional items

HOW TO RECEIVE FEEDBACK



USE YOUR TIME WELL

There are steps you can take to make the most of your time with your evaluator.

● ○ ○ ○ ○

BACK NEXT

Directions ▲

 **WHERE LEADERS ARE MADE**

Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

The image shows a slide from a presentation. At the top, the title 'HOW TO RECEIVE FEEDBACK' is displayed. Below the title is a photograph of two women sitting at a table in a meeting, engaged in conversation. A dark blue text box is overlaid on the bottom left of the photo, containing the heading 'USE YOUR TIME WELL' and the text 'There are steps you can take to make the most of your time with your evaluator.' Below the photo, there is a navigation bar with five dots; the first dot is filled, and the others are empty, indicating the current slide position. To the left and right of the photo are grey arrow icons for navigation. Below the dots are 'BACK' and 'NEXT' buttons. At the bottom right of the slide is a 'Directions' button with an upward-pointing triangle. The footer contains the Toastmasters logo and tagline 'WHERE LEADERS ARE MADE', a dropdown menu with the text 'Select to move to another section:', and the page title 'Effective Coaching 1: Evaluation and Feedback'.

Here, the “Directions” section slides up to let you know there is a comparison statement to be revealed for each of the first column elements

HOW TO BE AN EFFECTIVE EVALUATOR

ADVICE

FEEDBACK

Don't be so scared.

You need to stand up straight.

You have to speak up.

You need to improve your eye contact.

Directions

Select each Advice statement to reveal a similar Feedback statement.

To further illustrate the difference between advice and feedback, each piece of advice on this screen has been paired with a piece of feedback. Notice the subtle differences between the two and consider how you can make statements that offer feedback without giving advice.

 WHERE LEADERS ARE MADE

Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

Move the “Directions” out of your way by using the arrow on the right edge of the blue button

The image shows a presentation slide with the following content:

- Section Header:** HOW TO BE AN EFFECTIVE EVALUATOR
- Columns:** The slide is divided into two columns: "ADVICE" on the left and "FEEDBACK" on the right.
- Advice List:** A vertical stack of five maroon boxes containing the following text:
  - Don't be so scared.
  - You need to stand up straight.
  - You have to speak up.
  - You need to improve your eye contact.
  - You didn't move enough.
- Navigation:** A blue button labeled "Directions" is located at the bottom right of the slide content. A small white arrow on the right side of this button is circled in orange, indicating it should be used to move the "Directions" button out of the way.
- Footer:** The slide includes the Toastmasters logo and the slogan "WHERE LEADERS ARE MADE" on the bottom left. In the center, there is a dropdown menu labeled "Select to move to another section:". On the bottom right, the text "Effective Coaching 1: Evaluation and Feedback" is displayed.

Clicking each **red** box in the “Advice” column reveals another way to say it which is more “Feedback”

## HOW TO BE AN EFFECTIVE EVALUATOR

ADVICE	FEEDBACK
Don't be so scared.	I noticed that you were shaking.
You need to stand up straight.	I observed that your upper body was tilted forward.
You have to speak up.	I had trouble hearing you.
You need to improve your eye contact.	
You didn't move enough.	

Directions ▲

 WHERE LEADERS ARE MADE

Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

This has a 6:47 min video embedded

## STAYING POSITIVE



## EVALUATION AND FEEDBACK

VIDEO

00:03 / 06:47 CC



Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

Use the controls below the video screen to start, stop, make full screen, or add captions

STAYING POSITIVE



Effective Coaching 1: Evaluation and Feedback

WHERE LEADERS ARE MADE

Select to move to another section:

Periodically there will be “check in” questions to make sure you’ve retained the key information

**WHEN YOU ARE EVALUATING**

**Question 1 of 3:** Begin private evaluations by asking the speaker how he \_\_\_\_\_.

was able to read the audience	felt about the presentation
did compared to other speakers that day	could have improved his performance

Directions ▲

 **WHERE LEADERS ARE MADE**

Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

# You'll get immediate feedback

## WHEN YOU ARE EVALUATING

### FEEDBACK

Correct!

Select the X button to close this window and move on to the next question.



did compared to other speakers that day

could have improved his performance

And a gentle redirect if you pick the incorrect response

Directions



WHERE LEADERS  
ARE MADE

Select to move to another section:



Effective Coaching 1: Evaluation and Feedback

# Near the end of the project, you will be given a review of your evaluation criteria.

Remember:  
Whether you are receiving or giving the evaluation, “3” means the speaker “met the objective as expected.”

## YOUR EVALUATION

Select the tabs above to review the criteria for the evaluation in this project. Your evaluator will use the following scale:

- 5 Exemplary
- 4 Excels
- 3 Accomplished**
- 2 Emerging
- 1 Developing

After your speech, log in to complete the second portion of your self-assessment on the "Assess Your Skills—After" screen.

### RESOURCES

- [Evaluation Resource—First Speech](#)
- [Evaluation Resource—Second Speech](#)
- [Evaluation Resource—Evaluator](#)
- [Print My Project](#)

Directions

TOASTMASTERS INTERNATIONAL WHERE LEADERS ARE MADE

Select to move to another section:

Effective Coaching 1: Evaluation and Feedback

Access your “Evaluation Resource” form here to download, print/send.

Notice that this project has 3 parts. Each has its own Evaluation Resource.

**YOUR EVALUATION**

5 4 3 2 1

Select the tabs above to review the criteria for the evaluation in this project. Your evaluator will use the following scale:

- 5 Exemplary
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After your speech, log in to complete the second portion of your self-assessment on the "Assess Your Skills—After" screen.

**RESOURCES**

- [Evaluation Resource—First Speech](#)
- [Evaluation Resource—Second Speech](#)
- [Evaluation Resource—Evaluator](#)
- [Print My Project](#)

**Directions**

Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

Your speech evaluator can also get to these Evaluation Resource forms from the FTH agenda once you have put in your speech information there.

Pause right here until you've given all 3 speeches in this project...then you'll respond to the same 7 questions you did in the "Before" assessment

ASSESS YOUR SKILLS—AFTER

I deliver tactful and constructive feedback.

Directions

**DIRECTIONS**  
Complete this assessment after you finish your assignment. Evaluate your current skill level by rating each statement. Select the appropriate number based on your skills today:

- 1 Developing
- 2 Emerging
- 3 Accomplished
- 4 Excel
- 5 Exemplary

Select Submit when you are finished.

 WHERE LEADERS ARE MADE

Select to move to another section:

Effective Coaching 1: Evaluation and Feedback

Again, select a number for each of the 7 questions

ASSESS YOUR SKILLS—AFTER

My method is to share observed information, instead of advice.

◀ 1 2 3 4 5 ▶

○○○○●○

BACK NEXT

Directions ▲

 WHERE LEADERS ARE MADE

Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

# Remember to use the red “SUBMIT” button

ASSESS YOUR SKILLS—AFTER

I recognize how this project applies to my life outside of Toastmasters.

1 2 3 4 5

BACK NEXT

SUBMIT

Directions

TOASTMASTERS WHERE LEADERS ARE MADE

Select to move to another section:

Effective Coaching 1: Evaluation and Feedback

The image shows a screenshot of a quiz interface. At the top, there is a header "ASSESS YOUR SKILLS—AFTER" in blue text. Below this is a question: "I recognize how this project applies to my life outside of Toastmasters." Underneath the question is a progress indicator consisting of five numbered circles (1-5). Circle 5 is highlighted in dark blue, indicating the current question. Below the progress indicator are three buttons: "BACK" (dark red), "NEXT" (light gray), and "SUBMIT" (dark red). The "SUBMIT" button is circled in orange. At the bottom of the interface, there is a footer with the Toastmasters logo and tagline "WHERE LEADERS ARE MADE", a dropdown menu labeled "Select to move to another section:", and the text "Effective Coaching 1: Evaluation and Feedback". A "Directions" button is also visible in the bottom right corner.

# See the comparison of your responses before and after the project

## ASSESS YOUR SKILLS—AFTER

### FEEDBACK

You've successfully submitted your responses. Compare your initial answers to your new skill level. Scroll down to view all statements.

BEFORE	AFTER	STATEMENT
4	5	I deliver tactful and constructive feedback.
4	4	I focus on using positive language when delivering feedback.
4	4	I recognize the need to be open to receiving feedback about my performance.
4	4	I am able to implement feedback received from others.

Directions ▲

 **WHERE LEADERS ARE MADE**

Select to move to another section: ▼

Effective Coaching 1: Evaluation and Feedback

# Now you can move onto your next project

## CONGRATULATIONS!

Congratulations! You have completed this project. You are now ready to advance to the next project on your path.



WHERE LEADERS ARE MADE

Select to move to another section:

Effective Coaching 1: Evaluation and Feedback

Next Project is:  
“Researching and Presenting”  
which will complete Level 1

After that project...

You will need to know how to enter  
a “Level Completion” request  
*(coming soon)*