## **Jackie McKool**

## How to Get Off the Sickness Treadmill and Address Your Health Wholistically

The key to getting off the "sickness treadmill" comes through an understanding of the myths and deceptions that have kept us there. With this new revelation you will be in a far greater position to take charge of your health and use natural approaches to do so. Health is empowering, allowing us to walk out into all that we are called to be and do!