

## Sharon Hill

### **Pump Up Your Professionalism**

Do you know how long it takes to form a first impression? Approximately 3 to 5 seconds. You should always strive to make a positive first impression. It makes you more effective and respected.

Sharon A. Hill is an author and certified etiquette trainer (certified by the American Business Etiquette Trainers Association) who is presenting an energetic and interactive session focusing on you. She is going to discuss:

- Winning handshakes
- Power of Eye Contact
- Secrets of Small Talk

Get ready to have fun while you learn some exciting tips and techniques to pump up your professionalism. At the end of this presentation, you will know:

- How to make a positive impression within 30 seconds.
- How to overcome shyness or discomfort when meeting new people.
- How to carry oneself with confidence and professionalism.